

A gravel path winds through a lush green, wooded area. In the foreground, a striped tie lies on the gravel. The path curves to the right in the distance.

QUITTING IS FOR WINNERS

Discover How to Quit Your Job and Come Out on Top
In Less Time Than You Think

By Stewart Snyder

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INTRODUCTION

“I’d rather be outside right now.” How many times have you thought this to yourself? How often have you mulled over the idea that you could do your job from anywhere? The reality is that you have to take this matter into your own hands. **Quit your job!** You can do it on your own terms. I’ll show and tell you how I did it and how you can realistically do it too.

Do you hate your job? I mean really hate your job? Do you fear it’s the road to nowhere? Do you see yourself in the same place a year or two or three from now? Does the thought of going into the office in the morning make you stay up late to enjoy “your life”?

I know. Believe me, I know. You are not alone. I’ve worked for small companies with a lot of flexibility, but no security. I’ve worked for large conglomerates with great security but very strict rules. I’ve gone into the office day... after day... after day. I’ve changed jobs hoping it would change something... but that nagging feeling was always there. “This is not what I want to be doing with myself.”

Finally, after dreaming of something else for years, I walked away from Corporate America. I did it with a child to support, a mortgage to pay, and a healthy sense of “Oh crap! What have I done?” So, yes, there is no miracle cure to being frightened by this step. I did not have another full time income setup on the side. What I did have was a comfort level with my plan and an idea of what I wanted to work on.

As a matter of clarification, you should love to work. If you don't, you're doing the wrong thing. A job is what someone tells you to do. Work is what you love to do. Make sense? Yes, this is simply a matter of semantics, but it will make things easier going forward in this guide. You'll never see the words “stop working” contained here. Your work should be enjoyable to you... and that is something you should strive to continue doing. One of the most meaningful goals in life is to be able to sustain yourself with work.

Still stuck on those bold letters up there? I know. I know. “I can't just quit my job!” That's not exactly true. Actually, you can just quit your job. The key really is to quit your job and be comfortable with that. Some people are simply comfortable with the idea of just coming upon something.

*“He who deliberates fully before taking a step will spend his entire life on one leg”
- Chinese Proverb*

If only it were that easy to accept that there is no guaranteed plan. For some it is easy to take the jump, feeling like the world is out to support them no matter what. For most people, like the author, it is a difficult decision. Everything has to be in place perfectly. There is a lot of panic, a lot of “I can't do it,” and a lot of “actually, I can't do this anymore”. The good news is: Most, but not everything, was in place and I was able to feel comfortable about quitting without everything being perfect. **The actual quitting was easy.**

This intent of this guide is to help you with what seems to be an overwhelming decision. The guide outlines a process to create a plan that will allow you to feel comfortable with quitting your stable Corporate America job and setting out on your own path to achieve your dreams. There are a few things that you need in place and a few decisions that need to be made in order to feel comfortable. Once they are in place, you'll be ready to give that Two Weeks Notice!

Guaranteed! Seriously, if you're not ready after reading this guide and taking the action steps, just ask for some help with the step you can't quite get past.

At the end of this guide, you will be ready to quit your job.

WE HAVE TO TALK

(a conversation with Sarah Goshman)

“This day to day is unfulfilling.”

“Sure, sure, but you love the Non-profit. You love the people you help. The end result serves a cause. That’s great!”

“I know. I’d struggle to walk away... but it’s just unfulfilling to me personally.”

It was a conversation Sarah began having with herself after joining Sean Ogle’s Location Rebel... somewhere in August of 2011. She realized the traditional path simply wasn’t the life for her; it wasn’t what she wanted.

“So, why am I working this ‘stable’ job? Why am I putting money away in a retirement fund while fending off what I want to do?”

“Woah! Easy there. You’ve done this before. Remember leaving the theater because you wanted something more stable? Remember being taken out for drinks the night before rehearsal was to begin and being told the theater was shut down?”

“Valid point. But, I loved the identity I had as a Stage Manager. It was part of me... who I am. OK, so, I have the stability now in a more traditional job, but no identity! I feel lost.”

“Seems to be a little of an internal struggle, Self.”

“Yes. Yes it does. But it’s really about why the instability bothered me. I mean, I’ve done a lot of the internal work to figure out what it was about theater and how I tweak things this time around so that doesn’t happen. You know, the more I worked my way up the ranks of theater, the less I was surrounded by people passionate about the theater. Honestly, it wasn’t much different than people showing up for a paycheck in Non-profit America.”

“OK! What’s gotten into you... me... whatever?”

“Remember when I first started doing network marketing? They billed it like I was going to win the lottery. But, what would I do if I won the lottery? I don’t know.”

“Sure. Because that’s a horrible problem to have: winning the lottery and not knowing what to do with it.”

“First world problem. Yeah, I know. The thing is, I have no identity now. I have no ‘if I could do anything, I’d be a...’”

“So, Sarah, we hit up a life coach and find the identity you lost. Done and done!”

“Then what?”

“Hey! I’m asking the questions here. So, what’s the plan?”

“I don’t have some routine I’m waiting to unveil. There’s no secret master plan.”

“Uhh... Sarah... they say you should have a master plan.”

“Maybe I’m doing it intentionally wrong, Sarah. I’d like to go to the proverbial ‘cabin in the woods’ and spend some time just to myself. It is my life.”

“Well... your life?”

“Funny... How about this? I take 6 months to accept what’s changing in me. To see what is being lost. When I jumped from theater to the more traditional non-profit, I was just in a hurry to jump ship. I take that time to be organic about what the next episode of my life is going to be.”

“Next episode in your life? What is this... Sarah the mini-series?”

“This is life. This is what it is. It’s not like I’m going to do one thing and if that doesn’t work, I’m going back to this other thing. Like anything, it helps to be more invested in the process and not so focused on the answers... or responses to it.”

“So, in six months, you have a plan or in six months you’re actively participating in this ‘next chapter’ you speak of?”

“I don’t know exactly. I want to be able to create a situation where I can really be open to opportunities as they arise. For three months, just be ... then start figuring out my next venture.”

“Wait... three to six months without a full-time income? You better have planted that money tree.”

“Look, I only have gas and food, really. You know my side work takes care of Car Insurance, Health Insurance, and my cell phone. I mean that’s pretty simple math I can figure out in my head. I don’t need any big software to plan it out or anything. Besides, remember the Quicken incident?”

“Incidents? Every year, you’d promise to keep better track... and never did?”

“Yep! I’m a total flake when it comes to talking about money.”

“OK, flake, so let’s talk about this... how much money do you need? They say \$10,000 in savings is a good number.”

“It’s more about the timing feeling right. It’s not the number in the bank. You can make that number take the brunt of all the anxiety. \$10,000 is someone else’s number.”

“Fine. What’s your backup plan, then?”

“What’s anybody’s backup plan? I guess I could move back in with my parents.”

“Right! You haven’t talked to them about it, have you? Mom would love that.”

“Well... no. I don’t really plan on that happening. I’ll be fine. I’ll find something. I have that standing offer from a previous employer, but I’ll probably never use it.”

Circa the beginning of 2012, Sarah’s conversation with herself began to take on a different tone. The ‘why’ is clear. The money issue is done.

“Remember that ridiculous conversation we had about you quitting your job?”

“Oh... uh... yeah... that ridiculous conversation. You see, the thing is, I’m pretty comfortable with the money thing. The timing is starting to feel right, too.”

“{Sigh}... here we go. Sarah, what about the people who are counting on you?”

“Oh, seriously? I can’t even keep a plant alive!”

“Ha ha ha.”

“Now is the time, Sarah. My youngest brother is graduating High School soon... and I’ll be empty nested.”

“Empty nested? They’re your brothers!”

“Yeah... I know. But they’re the ones that I felt needed me. All my friends are settling down and having babies themselves. There’s a

natural distance that happens there. Everyone has their own things going on. I'm not abandoning anyone."

"Speaking of... what about kids? Don't you want to settle down some day... have a family?"

"That's not my dream. I mean, maybe... someday... but not today."

"So, today's dream is to quit?"

"I'm not hopping in my car this afternoon. I want to stick around through the company's Gala, you know? I don't want to abandon them on that. I have to be in town for Katie's wedding, too. But, I'm going to shoot for after that. June-ish."

"Really? You're doing this? Aren't you even scared?"

"Honestly, I'm more worried that my job is taken care of.... that the new girl knows what she's doing by the time I leave. That's the kind of stuff I'm freaking out about. I've done enough crazy stuff in my life, I'm used to this."

"So, this no big deal? Old hat and that sort of thing?"

"Well, it feels big. I think I'm doing something unconventional taking some time off to think about it. The nose to the grind stone, get more work - get more work, and think about it later, just doesn't work."

Sarah's current Master's Degree in Disorientation has helped her choose the way she's "planned" for her journey. Sarah's story offers a great moral: **The more comfortable you are with change, the less you to try and "plan" for it.** You are different than anyone else in the world. What you are comfortable with may be very different than what someone else is... even people you know. It's OK. You're you... and you're perfect that way.

Sarah talks to people other than herself on her Blog [No Help Here](#).

I feel better having savings... but I could always fall back on Mystery Shopping.
-S. Goshman

DEMO END

This entire work can be purchased at [Amazon!](#)

ABOUT THE AUTHOR

Stewart was raised in the '80s... when excess was the norm. He followed the sage advice of the time by getting “great” job after “great” job building a “great” career. During his mid-life crisis at 24 years old, he bought the elusive convertible sports car. The condo in the ‘burbs followed shortly there-after.

With each passing day, the income grew a little... but his soul shrunk a little. As he began searching for ways to grow that soul instead, he realized his existence in the IT world was simply unfulfilling. Unfortunately, this went on and on... and on... and on. The need to pay for things outweighed the need to express himself fully. Just one more month... just one more year. Just put the shirt and tie on and drive to work, Stu.

After countless self-help books and live-your-dreams website articles... and even more depressing meaningless days, Stewart stumbled on someone in real life who lived their own personal dream... who got up every day happy to go to work... who had a flexibility to do whatever they wanted. It was like seeing a mythical creature that you had always believed never existed.

It was that one person who changed his life. He knew 9 – 5 just wasn't for him, anymore. The beast had served its purpose, but no longer does.

He diligently poured over new career ideas and returned to college for a degree in a different field. He compared his current life against what he really wanted. He reviewed and evaluated financial directions and angles. He created tools to let him make decisions visually and automate calculations. All told, this process took over 4 years.



In the waning days of winter, two weeks before his birthday, Stewart Snyder said good-bye to Corporate America... perfectly content and prepared for his decision. After a brief period of relaxation and decompression, he diligently documented every step he took, direction he contemplated, and tool he created ... and put them together for you in this guide to quitting your job.

Since leaving his “lucrative” job in Information Systems, Stewart’s work includes creating Art, designing Websites, engineering process procedures to help people create their own business, creating a process to help others fulfill their dreams, hand-crafting men’s jewelry and... the diamond of his existence... being a [Valet](#).

With spare time that he finds whenever he wants it, he spends time attending all of his family’s events and making sure he cultivates the beautiful friendships he has. Now, master of his own day, Stewart Snyder yearns to help others find their own personal bliss and fulfillment.

“If I can be that one person that changes a single life, my journey is fulfilled.”
-S. Snyder